

BRANCH REPORT

ON33 | Algonquin Valley Branch

President's message

Greetings! I hope all is well, and that you've been enjoying your summer. By the time you receive this, we will have had our Branch Annual Meeting (BAM) and our annual picnic.

Our local BAM, held at the Pembroke Legion in April, was well attended. Thank you to those people who took the time to attend. It was wonderful seeing you all there.



One of the highlights of the meeting was a presentation to Bill Turner for his years of dedication to the Association, and our Local Branch in particular. Bill continues to contribute to the Branch, although he is no longer on the Executive. Thank you Bill, for all you've done.





Following the close of the business meeting, a representative from Carefor made a presentation about the services they provide to the area. It was extremely informative to those present. The presentation slide file is on our local branch website.

Vickie Hulley

AVB Branch Executive for 2024-2025

First, I would like to thank the 2023-2024 Executive for all their hard work over the last year. All your time, efforts and contributions have been truly appreciated.

Vickie Hulley	President	Nancy Gleason	Vice-President (and Advocacy)
Ken McDonald	Past-President	Ela McDonald	Secretary
Julie Mallory	Treasurer	Mary ter Huurne	Director
Judith Cloutier	Membership		

I would also like to thank our Communications Committee for everything they've done and are continuing to do. Although you work behind the scenes, your contributions to the Association, and our local in particular are invaluable. We couldn't have done it without you.

Paul Ballantyne	Leo Buckley	Gerry Frketich
Julie Mallory	Vickie Hulley	

Now, please join me in welcoming our new 2024-2025 Branch executive:

Vickie Hulley	President	Nancy Gleason	Vice-President (and Advocacy)
Ken McDonald	Past-President	Ela McDonald	Secretary
Julie Mallory	Treasurer	Mary ter Huurne	Director
Judith Cloutier	Membership	Gayle Barks	Director
Laura Obrutsky	Director	John Partridge	Director

I look forward to working with all of you.

Vickie Hulley, President

New Federal Dental Plan

A new federal dental plan, the Canadian Dental Care Plan (CDCP), has recently come into effect. Sun Life manages this plan.

To be eligible, you must have:

- No access to dental insurance,
- A net family income of less than \$90,000,
- Filed your income tax in the previous year.

In order to apply, you need your:



- SIN,
- Birth date,
- Full name,
- Home and mailing addresses,
- Your dental coverage, if applicable.

You may have a co-payment, based on your adjusted family income.

You may also have to pay fees in addition to your co-pay, if:

- The cost of your oral health care is more than what the CDCP will reimburse, based on their fees,
- You agree to receive care that isn't covered.

For more information, please see the CDCP website:

<https://www.canada.ca/en/services/benefits/dental/dental-care-plan>

Which Supplemental Drug Plan is Right for You?

Did you know that there are many different ways to potentially save money on your prescription drugs? I didn't ... until now.

First of all, as Federal Retirees, we have the PSHCP. This is a good plan, and can save you a lot of money. But, if you're like me, and you prefer brand-name over generic drugs, there are different savings cards than could add to your savings:

Innovicares

RxHelp

Different pharmacies may also have savings cards that you could potentially take advantage of. For example, in a recent trip to Shoppers Drug Mart, I found out that they have some sort of savings card. Ask your pharmacist if their store has a savings card that you could use.

Some Drug companies offer their own savings cards as well.

Finally, when you turn 65, you are automatically enrolled in the Ontario Drug Benefit (ODB) program. This plan has a deductible and a co-payment, which are based on your yearly income.

To get the best savings possible, do your research and speak to your pharmacist.

We will be hosting a presentation in the fall to give you some much-needed information, that will help you determine which supplemental drug plans may be right for you.



Our Local Website is Getting a Facelift

Our local branch website is being updated. There's been a general refresh of the site as a whole, and more items are being added, as they become available.

Please check it out at:

fsnaalgonquinvalleybranch.com

